

December BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cinnamon Crumble Cinnamon Chex Cereal Mini Pancakes (V)	Chocolate ChipMuffinTop Cheerios Cereal Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage	Strawberry Yogurt Parfait w/ Granola Honey Bunches of Oats Cereal Waffle
8	9	10	11	12
Bagel w/ Cream Cheese Honey Bunches Of Oats Pancake Sausage Sandwich	Vanilla Concha Cheerios French Toast Sticks	Strawberry Banana Smoothie w/Granola Cinnamon Chex Cereal Mini Pancakes (V)	Blueberry Muffin Honey Bunches of Oats Cereal Breakfast Burrito	Cinnamon Swirl Cinnamon Chex Cereal Sausage Stuffed Waffle
15	16	17	18	19
Cinnamon Crumble Cinnamon Chex Cereal French Toast Sticks (V)	Chocolate Chip Muffin Top Cheerios Cereal English Muffin Sausage Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Mantecada Muffin Cheerios Cereal Egg Scramble w/ Sausage	Strawberry Yogurt Parfait w/ Granola Honey Bunches of Oats Cereal Mini Pancake (V)
22	23	24	25	26
Winter Break December 22- January 2nd				Winter Break December 22- January 2nd
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Tangerines		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

December LUNCH



Mark West Union School District

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cheeseburger & Fries Hot Dog & Fries BYO Seedbutter & Jelly Sandwich Kit/ Corn (V)	Penne Pasta w/ Meatsauce Chicken Tamale w/ Mixed Vegetables Cheese Pizza Kit (V)	Bean & Cheese Burrito w/ Fava Beans (V) BBQ Chicken w/ Baked Beans Southwest Chicken Salad w/ Dinner Roll	Teriyaki Chicken w/ Rice & Carrots Bean & Cheese Pupusa w/ Curtido (V) Asian Chicken Salad	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
8	9	10	11	12
Crispy Chicken Sandwich & Fries Chicken Bites w/ Mashed Potatoes BYO Seedbutter & Jelly Sandwich Kit/ Corn (V)	Pizza Bites w/ Marinara (V) Chicken Tamale w/ Mixed Vegetables Turkey Trio Sandwich	Turkey Nachos w/ Tortilla Chips Cheese Tamale w/ Black Beans Veggie Chef Salad	Holiday Turkey Meal w/ Mashed Potatoes Pizza Bites w/ Marinara Sauce (V) Yogurt & Mantacada Kit w/ Baby Carrots (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
15	16	17	18	19
Hot Dog & Fries Crispy Chicken Sandwich & Fries BYO Seedbutter & Jelly Sandwich Kit/ Corn (V)	Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	Beef Taco Stick w/ Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Kit & Crispy Beans	Pizza Bites w/ Marinara (V) Mac & Cheese w/ Diced Carrots (V) Caesar Chicken Salad WG Star Cookie	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
22	23	24	25	26
Winter Break December 22- January 2nd				Winter Break December 22- January 2nd
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *Allgrainsarewholegrainrich	Monday: French Fries Tuesday: Crispy Beans Wednesday: Baby Carrots Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Apple Slices, Bananas, Dried Cranberries, Pears, Raisins, 100% Juice Seasonal: Tangerines	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



This institution is an equal opportunity provider. Menus are subject to change without notice.

*Lunch & Vegetarian- NSLP