

JANUARY BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Cheerios Cereal Vanilla Concha French Toast w/ Syrup (V)	Breakfast Empanada Blueberry Muffin Froot Loops Cereal	Cinnamon Roll Cinnamon Chex Cereal Pancakes w/ Syrup (V)	Mantecada Muffin Apple Jacks Cereal Egg & Cheese Sandwich (V)	Froot Loops Cereal Yogurt Parfait w/ Granola Sausage Stuffed Waffles
13	14	15	16	17
Cinnamon Crumble Cinnamon Chex Cereal Egg & Cheese Sandwich (V)	Mango Pineapple Smoothie w/ Granola Froot Loops Cereal Waffle w/ Syrup (V)	Egg Scramble w/ Potatoes Banana Bread Cheerios Cereal	Chocolate Chip Muffin Top Cinnamon Chex Cereal Breakfast Burrito (V)	Pancake Sausage Sandwich Conchita & String Cheese Apple Jacks Cereal
20	21	22	23	24
MLK Day	Mantecada Muffin Froot Loops Cereal Breakfast Empanada	Cinnamon Roll Cinnamon Chex Cereal Pancakes w/ Syrup (V)	Vanilla Muffin Apple Jacks Cereal Egg & Cheese Sandwich (V)	Froot Loops Cereal Yogurt Parfait w/ Granola Sausage Stuffed Waffles
27	28	29	30	31
Egg & Cheese Sandwich (V) Cinnamon Crumble Froot Loops Cereal	Mango Pineapple Smoothie w/ Granola Cinnamon Chex Cereal Waffle w/ Syrup (V)	Banana Bread Cheerios Cereal Egg Scramble w/ Potatoes	Chocolate Chip Muffin Top Cinnamon Chex Cereal Breakfast Burrito (V)	Non Instructional Day NO SCHOOL

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Monday: Apple, Orange Tuesday: Juice or Apple; Pear Wednesday: Apple Slices, Apple Thursday: Banana, Orange Friday: Applesauce, Apple	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



JANUARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Turkey & Cheese Sandwich Hot Dog & Fries	Pasta w/ Meat Sauce Sweet Chili Meatballs w/ Rice * Spicy! Italian Trio Sandwich Cheese Pizza Kit (V)	Orange Chicken w/ Rice & Broccoli Bean & Cheese Pupusa w/ Curtido Chicken Caesar Salad w/ Croutons Turkey & Cheese Cracker Kit	BBQ Chicken w/ Baked Beans & Roll Queso Blanco Chicken Bowl Southwest Chicken Salad w/ Roll Bean & Cheese Pizza Kit (V)	Beef & Cheese Taco Stick Cheese Pizza (V) Soy Butter Sandwich (V)
13	14	15	16	17
Crispy Chicken Sandwich Cheeseburger Turkey & Cheese Torta Side of Fries *Welcome Back Brookie*	Hummus, Flatbread & Egg Kit (V) Teriyaki Chicken w/ NSF Rice Breakfast for Lunch w/ Potatoes Turkey & Cheese Sub	Chicken Noodle Soup ←←← Seasonal Mac & Cheese w/ Peas Caprese Chicken Salad "P"B & J Sandwich Kit (V)	Veggie Chef Salad w/ Egg (V) Turkey Nachos w/ Refried Beans Chicken Tamale w/ Beans Turkey & Cheese Cracker Kit	Pepperoni Pizza Beef & Cheese Burrito Cheese Pizza Kit (V)
20	21	22	23	24
MLK DAY	Pasta w/ Meat Sauce Cheese Lasagna w/ Marinara (V) Italian Trio Sandwich Egg Salad Sandwich (V)	Chicken Bites w/ Mashed Potatoes Beef Birria Tacos Chicken Caesar Salad w/ Croutons Turkey & Cheese Cracker Kit	Queso Blanco Chicken Bowl BBQ Chicken w/ Baked Beans & Roll Southwest Chicken Salad w/ Roll Bean & Cheese Pizza Kit (V)	Grilled Cheese (V) Beef & Cheese Taco Stick Soy Butter Sandwich (V)
27	28	29	30	31
Turkey & Cheese Sandwich Hot Dog & Fries	Hummus, Flatbread & Egg Kit (V) NEW! Chicken Dumplings w/ Rice Breakfast for Lunch w/ Potatoes Turkey & Cheese Sub	Chicken Noodle Soup ←←← Seasonal Chicken Bites w/ Mashed Potatoes Chicken Salad Sandwich "P"B & J Sandwich Kit (V)	Chicken Tamale w/ Beans Turkey Nachos w/ Refried Beans Veggie Chef Salad w/ Egg Turkey & Cheese Cracker Kit	Non Instructional Day NO SCHOOL
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Monday: Juice/Apple Tuesday: Mandarin Orange Wednesday: Pear Thursday: Apple Friday: Mandarin Orange	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

