



MARK WEST UNION SCHOOL DISTRICT Lunch Menu-May 2022



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries- <i>Ketchup</i>	Cheese Lasagna w/ Tomato Basil Sauce	Beef Nachos w/ <i>Original Popped Chips</i>	Chicken Tamale w/ Broccoli	Beef, Bean & Cheese Burrito <i>Hot Sauce</i>
SANDWICH OF THE DAY				
Deli Chicken Sandwich- <i>Mayonnaise</i> Side of Baked Fries w/ <i>Ketchup</i>	Turkey-Ham & Cheese Sandwich <i>Mayonnaise</i> Baby Carrots 1/4 cup	Turkey & Cheese Sandwich on French Roll- <i>Mayonnaise</i> Nacho Chips w/ <i>Bean Dip</i>	Chicken Salad & Cheese Sandwich Fruitable Juice 4 oz.	Turkey & Cheese Sandwich on WG Bun <i>Mayonnaise</i>
FEATURED ENTRÉE OF THE DAY				
2	3	4	5	6
Chicken Patty Burger Oven Baked Fries <i>Ketchup</i>	Chicken Enchiladas w/ Creamy Green Salsa	Turkey Chili w/ <i>Original Popped Chips</i>	Breakfast for Lunch Pancake, Chicken Bites & Seasoned Potatoes -Syrup	Mac & Chesse w/ <i>BBQ Popped Chips</i>
Oven Baked Fries in meal	Baby Carrots (1/2 c)	Cucumber w Tajin 1/4c	Baby Carrots (1/4 c)	House Salad w/ Italian
<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>
9	10	11	12	13
Beef Chili Fries Oven Baked Fries <i>Original Popped Chips</i>	Speggetti & Meatballs	Chicken Burrito Bowl <i>Oatmeal Cookie</i>	Spicy Popcorn Chicken w/ Mashed Potatoes <i>Dinner Roll</i>	Beef Rib-A-Que Sandwich
Oven Baked Fries in Meal	Baby Carrots (1/2 c)	Jicama w/ Tajin 1/4 c	Baby Carrots (1/4 c)	Kale & Green Apple Salad w/ Ranch
<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>
16	17	18	19	20
Beef Hot Dog Oven Baked Fries <i>Ketchup</i>	Bone-in Breaded Chicken Hawaiian Not So Fried Rice	Chicken Fajitas w/ <i>Refried Beans & Rice</i>	BBQ Meatballs w/ Seasoned Wedges <i>Corn Muffins</i>	Emergency Day
Oven Baked Fries in Meal	Baby Carrots (1/2 c)	Cucumber w Tajin 1/4c	Baby Carrots (1/4 c)	No School
<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	
23	24	25	26	27
Turkey Taco Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Chicken Tinga w/ Black Beans <i>Nacho Popped Chips</i>	Chicken Nuggets Mashed Potatoes <i>Ketchup</i>	Chicken Parmesan Sandwich
Oven Baked Fries in Meal	Baby Carrots (1/2 c)	Cucumber w/ Tajin 1/4 c	Baby Carrots (1/4 c)	Mixed Green Salad w/ Italian
<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>
30	31	1	2	3
Memorial Day	Chicken Enchiladas w/ Creamy Green Salsa	Turkey Chili <i>Original Popped Chips</i>	Breakfast for Lunch Pancake, Chicken Tenders & Seasoned Wedges -Syrup	Mac & Cheese <i>BBQ Popped Chips</i>
No School	Baby Carrots (1/2 c)	Cucumber w/ Tajin 1/4c	Baby Carrots (1/4 c)	Mixed Green Salad w/ Italian
	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>	<i>Seasonal Fruit</i>

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider.

Menus are subject to change without notice.

