

## MARK WEST UNION SCHOOL DISTRICT

### Health Requirements for Kindergarten or First Grade Entry

#### Purpose:

- to ensure that all kindergarten and or first grade entry students meet state mandated immunization requirements
- to encourage that all kindergarten entry students receive a physical examination to identify health conditions which might impact the student's educational progress and,
- to identify physically handicapping conditions and or limitation to activities.

#### Recommendation:

- All kindergarten and/or first grade entry students are requested to present documentation of a physical examination within six months prior to entering kindergarten or a written statement indicating a health provider appointment to obtain a physical examination unless a waiver is filed by the parent/guardian stating that such a physical examination is contrary to his/her beliefs. A student cannot be excluded for parent/guardian failure to submit the physical examination report, but compliance is strongly encouraged.

#### Procedure:

1. The following forms and information shall be included in the kindergarten and first grade entry packet:
  - **School Entry Immunization Requirement Information**
  - **Physician's Report to the School**
  - **Medical Appointment Affirmation**
  - **This District School Board Policy Statement Regarding Health Requirements for Kindergarten Entry**
  - **Child Health and Disability Prevention Program Information**
2. The physical examination shall be obtained from the child's health provider or a Child Health and Disability Prevention Program (C.H.D.P) provider.

Kindergarten and first grade children whose families meet state financial eligibility requirements before kindergarten and first grade entry, and all Medi-Cal eligible children, may receive the physical examination at no cost from a Child Health and Disability Prevention Program (C.H.D.P.) provider.

The Child Health and Disability Prevention Program can provide names of doctors and clinics throughout the county that offer the C.H.D.P. exam.

#### Local Provider:

Sonoma County Department of Public Health  
Child Health and Disability Prevention Program  
625 Fifth Street  
Santa Rosa, CA 95404-4420  
Phone Number: 565-4460

3. The physical examination shall be performed not more than six months before kindergarten entry in order to meet current state legal requirements.
4. Parent/guardian waivers of physical examination requirements may be signed by those with strong objections, but should not be encouraged.

(From Board Policy 5141)