## **Mark West Union School District Lunch Menu**

November 2020



| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|---|---|---|
| Entrée of the Day  |  |   |   |   |
| 2  | 3  | 4   | 5   | 6   |
| Breaded Chicken Patty Burger<br>Oven Baked Fries<br><i>Ketchup</i> | Beef Nachos<br>Tortilla Chips                                  | Baked Ziti w/ Meat Sauce  | Chicken Tamale<br>Peas & Carrots  | Grilled Cheese Sandwich<br>Fresh Broccoli             |
| 9  | 10   | 11  | 12  | 13  |
| Chicken Enchiladas<br>w/ Green Salsa                               | French Bread Pepperoni Pizza<br>Baby Carrots                   | Cheeseburger<br>Oven Baked Fries<br><i>Ketchup</i>                                    | Chicken Alfredo<br>w/ Broccoli  | Chicken Burrito Bowl<br>w/ Brown Rice, Beans & Corn   |
| 16   | 17   | 18  | 19  | 20  |
| Chicken Corn Dog<br>Celery Stick<br><i>Ketchup</i>                 | Grilled Chicken Sandwich<br>Oven Baked Fries<br><i>Ketchup</i> | Turkey Chili<br>Popped Corn Chips   | Mac & Cheese<br>Baby Carrots<br>Whole Grain Cookie                      | Sweet & Sour Chicken<br>Brown Rice & Broccoli         |
| 23   | 24   | 25  | 26  | 27  |
| Hamburger<br>Lettuce, Tomatoes, Pickles<br><i>Ketchup</i>          | Bean & Cheese Pupusa<br>Refried Beans                          | Breakfast 4 Lunch<br>French Toast Sticks, Chicken<br>Sausage & Potato Wedges<br>Syrup | Baked Turkey<br>Mashed Potatoes & Gravy<br>Diced Carrots<br>Dinner Roll | Chicken Nuggets<br>Oven Baked Fries<br><i>Ketchup</i> |
| 30   | 1  | 2   | 3   | 4   |
| Breaded Chicken Patty Burger<br>Oven Baked Fries<br><i>Ketchup</i> | Beef Nachos<br>Tortilla Chips                                  | Baked Ziti w/ Meat Sauce  | Chicken Tamale<br>Peas & Carrots  | Grilled Cheese Sandwich<br>Fresh Broccoli             |

## MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.

All entrées served with whole fruit, fruit cup or 100% fruit juice.