

# Mark West Union School District Lunch Menu



**October 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée of the Day</b>				
28 Hamburger Lettuce, Tomatoes, Pickles Ketchup	29 Beef Enchilada Casserole w/ Beans & Corn	30 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Tots Syrup	1 Chicken Burrito Salsa Cup	2 Chicken Nuggets Oven Baked Fries Ketchup
5 Breaded Chicken Patty Burger Oven Baked Fries Ketchup	6 Beef Nachos Tortilla Chips	7 Teriyaki Chicken Brown Rice & Broccoli	8 Chicken Tamale Peas & Carrots	9 Baked Ziti w/ Meat Sauce
12 Chicken Enchiladas w/ Green Salsa	13 French Bread Pepperoni Pizza Baby Carrots	14 Cheeseburger Oven Baked Fries Ketchup	15 Chicken Alfredo w/ Broccoli	16 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn
19 Cheese Pizza Sliders Celery Sticks (1/2 c)	20 Grilled Chicken Sandwich Oven Baked Fries Thousand Island Dressing	21 Turkey Chili Popped Corn Chips	22 Mac & Cheese Baby Carrots (1/2c)	23 Sweet & Sour Chicken Brown Rice & Broccoli
26 Hamburger Lettuce, Tomatoes, Pickles Ketchup	27 Bean & Cheese Pupusa Refried Beans	28 <i>Breakfast 4 Lunch</i> French Toast Stix, Chicken Sausage & Potato Wedges Syrup	29 Chicken Burrito Salsa Cup	30 Chicken Nuggets Oven Baked Fries Ketchup

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

This institution is an equal opportunity provider.

**All entrées served with whole fruit, fruit cup or 100% fruit juice.**